



圣山-梅里雪山

ML9D

7天 昆明/丽江/中甸/德钦/梅里雪山游



第一天：新加坡—昆明—丽江

(午晚餐)

宿：4*酒店

齐集新加坡樟宜机场搭乘飞往昆明，转内陆机往丽江。继后前往列入“世界文化遗产”名录的丽江古城参观，这座没有城墙的古城，以四方街为中心，街道从这里向整个古城呈放射状延伸出去。街道布局规整，路面皆用条石铺筑，道路于水渠相伴延伸，水清路洁，“不是江南，胜似江南”。古城北依象山，群山环绕，宛如：大块玉大研，故名大研镇。晚餐后入住酒店。

第二天：丽江

(早午晚餐)

宿：4*酒店

早餐后游览玉龙雪山[云杉坪]，玉龙雪山因南端珠峰耸立有如龙首，后面峰峰相连好似龙脊，整体看上去象一条玉龙在蓝天飞腾而得名。云杉坪集高原磅礴气势与草原美丽风采于一身，它是玉龙雪山上的一颗明珠。乘缆车上山，眼前突然出现一片宽阔美丽的草坪，这就是云杉坪，在玉龙雪山绿雪峰下，四周是保存完好的千年杉树，奇观万千犹如仙境。之后游览雪山融水[白水河]及高原牧场[甘海子]。下午安排观看中国最著名导演张艺谋先生所编排的《印象丽江》，您将有机会在海拔3100米的雪山上观看世界上最高的实景演出，360度全视角呈现，100匹悍马嘶腾，500名来自10个少数民族演员倾力出演。晚餐后前往[束河古镇]，这里没有古城的繁华，比古城宁静，是纳西先民在丽江坝子中最终早的聚居地之一，是茶马古道上保存完好的重要集镇，也是纳西先民从农耕文明向商业文明过度的活标本，您可以在这里欣赏到美妙的民间歌舞。

第三天：丽江—中甸

(早午晚餐)

宿：4*酒店

早餐后乘车前往传说中的世外桃源香格里拉——中甸，途中参观[长江第一湾]。长江水自青藏高原一路向东向南奔流，在此急转向北流形成万里长江第一湾。车子驶进藏区，高原草甸藏族村落立即呈现在眼前，沿途欣赏美丽的藏区风光，抵达香格里拉后入住酒店。

第四天：中甸—白水台—中甸

(早午晚餐)

宿：4*酒店

早餐后前往白水台游览，白水台被称为“仙人遗田”，位于中甸县东南101公里处。海拔约有2380米，其造型酷似一层层梯田。成因是由于水中的碳酸氢钙经太阳光照射，水分蒸发后形成碳酸钙白色沉积物，之后又不断覆盖地表而形成的泉华地，因此是中国最大的泉水台地之一。白水台是迪庆藏族自治州中甸县的重要风景点之一，位于中甸县东南101公里处。海拔约有2380米，其造型酷似一层层梯田。成因是由于水中的碳酸氢钙经太阳光照射，水分蒸发后形成碳酸钙白色沉积物，之后又不断覆盖地表而形成的泉华地，因此是中国最大的泉水台地之一。

第五天：中甸—德钦

(早午晚餐)

宿：3*酒店

早餐后游览纳帕海，纳帕海自然保护区是中甸最有高原特色的风景区之一，也是全县最大的草原。由于纳帕海自然保护区气候湿润，牧草生长比同类地区快，每年5月，草原方吐嫩芽，而纳帕海已是绿草茵茵。6月伊始，各种野花竞相开放，茫茫草原，琼花瑶草争奇斗艳。成群的牛羊随草海起伏，如在海中沉浮。茫茫草原，四处是“风吹草低见牛羊”的草原美景。西面的石卡、叶卡、辛苦雅拉三大雪山俏然挺立。雪山、草原、牛羊组成了大西南的塞北风光。午餐安排于响誉海内外的奔子栏民族村，途经东竹林寺 迎宾台 飞来寺下午进入国家级滇金丝猴自然保护区——白茫雪山，翻越海拔4600M的雪山丫口至茶马古道上的垂镇德钦县城。

第六天：德钦—梅里雪山—中甸

(早午晚餐)

宿：4*酒店

早餐后，至明永冰川，明永冰川是梅里雪山下冰川中最壮观的冰川，它从海拔6740M直铺展到海拔2000多米的森林中绵延12KM，是世界上纬度最低，海拔最低的海洋季风性现代冰川；之后乘车返回香格里拉县城，晚餐后入住酒店。

第七天：中甸—昆明—新加坡

(早午晚餐)

早餐后乘机飞昆明，抵达后逛昆明[花市]，下午游览昆明的标志性建筑金马碧鸡坊及南屏步行街，晚餐后乘搭国际豪华客机飞返新加坡温暖的家。

最后，希望您能够满意人人旅游为您安排的旅行线路，并衷心祝福您度过一个美好的旅行假期。

(最终确认行程以当地旅行社确认及航班时间为准)



Snow Mountain--Holy Meili

7D Lijiang-Shangri-La Mt. Meili Tour

Day01 Singapore - Kunming - Lijiang / Lijiang Ancient Town (B, L, D)

Assemble at Changi International Airport for your pleasant flight to Kunming and continue board a domestic flight to Lijiang. Upon arrival we will visit the Lijiang brilliant sunshine –After that we will visit Lijiang Ancient Town, which has a history of over 700years and has been listed as a World Cultural Heritage by UNESCO.

Day02 Lijiang / Jade Dragon Snow Mountain / Suhe Ancient Town (B, L, D)

This morning, Our highlight today is the Jade Dragon Snow Mountain. It's located where the Qinghai-Tibet and Yunnan -Guizhou plateaus interlock together form the peak of the Yulong Mountains. Harboring a string of marine glaciers, the Yulong mountain range extends unbroken for 21 miles, forming a "Jade Dragon" dancing in clouds. Its silvery scales shining bright. Afternoon around 0100pm, you also can enjoy the Famous Show from Zhang Yimou 《Impression Lijiang》 It highest natural performance field in the world at seal 3100m, 360 dregree angle of view, 100 fierce horses running in the field, Performed by 500 actors from 10 ethnic groups, An impression demonstration performing for 365 days with nature. Suhe Ancient Town, Which is near the ancient city of Lijiang distance. Two years ago, beams River ancient town have been development. It subsequently emerged that external beam River ancient town has been surrounded by newly built up the business district, but the original living is still be remaining.

Day03 Lijiang -- Shangri -la (B, L, D)

This morning, we will leave Lijiang for Zhongdian, also known as Shangri-La route, stop by the First Bend on Yangtze River to take photos. Tibetans inhabit Zhongdian, it's full of unique Tibetan culture and Lamaism. After arrived check hotel at Zhongdian.

Day04: Blue Moon Canyon- Shangri-La National Park (B, L, D)

Morning after your breakfast, we will visit Blue Moon Canyon. When the season of flowers blooming coming, the flower colors and types, with the constant changes in the replacement. The surrounding mountains perceived far and the high visibility of similar forming a broad plain elevation of 3,900 meters, this is Shangri-La razed ancient plain. Three rivers flow world heritage protection targets. Sunny days, the beautiful southeast of the Yulong Snow Mountain, Harpagoside snow close. Meili Snow Mountain, north of the 13th summit like a giant dragon circling in the sky, far away in the fourth Yading, Xiannairi, Yangmaiyong sits among the clouds. This miraculous spectacular scene it seems like the whole world went into a trance-like Shangri-La. Shangri-La Science National Park measures have mirror-like lakes, mountains, water, the United States and abundance of pasture grass, flowers are blooming in the wetland, haunt the forest animals from time to time.

Day 5: Shangri-La—Deqin (B/L/D)

Morning we will visit Song Zanlin Temple, The lamasery, with 800 lamas, resembles Butala Palace of Lasha in the outlook. The five-story Tibetan style building is covered with wooden carvings and gold-plated copper tiles, which is modeled on Potala Palace in Tibet. Proceed to Deqin by coach. Visit Dong Zhulin Temple, After pass Baimang Snow Mountain, today we will check hotel at Deqin.

Day6: Deqin—Mt.Meili- Zhongdian (B/L/D)

After breakfast, to YongMing glacier, which is the magnificent glacier, it spreads out all over straight from elevation 6740M to the elevation more than 2000 meters forests in is continuous 12KM, is in the world the latitude is lowest, elevation lowest sea monsoon modern glacier; Afterwards riding returns to the Shangri-la check hotel here.

Day7: Shangri-La- Kunming—Singapore (B/L/D)

Today we will take the domestic flight back Kunming. Upon arrival, visit flower market, the symbolic building of Kunming---the Golden Horse Archway and After lunch, you can do some shopping around Nanping walking street before transfer to the airport to return to the Garden City of Singapore.